

# Skippers wanted for Bike 'N Sail Sunday, July 28<sup>th</sup> 2013

Who said there's no free lunch? Share your love of sailing. Join Bob & Trudy Fraser for a day of fun in the sun with members of High Life Ski Club at our club. We meet at 9ish for coffee and... Promptly at 10 AM we begin a bikeride. Since the Bayshore trail was destroyed during Sandy we'll ride on the Henry Hudson trail, a paved former railroad right of way, for a 5 - 6 mile ride to Kearsburg where we can take a detour



on the  
board-walk  
and



amusement center or Splash Park. More motivated bikers can take the trail 11 miles to the end in Aberdeen. However far you go it's just as far back. When we get back to the catamaran club we'll fire up the grill and have a lunch of burgers, hot dogs and summer salads. Members of our cat club are encouraged to offer rides on their speedy sailboats to Ski Club members in the afternoon.

Although High Life members pay \$10.00 or \$15.00 for the festivities **SHBCC members are FREE**. Call Bob at Home: 973-744-8948; Work: 973-746-4050 or Cell: 973-951-6250 with questions.

Please help Bob by offering a ride on your boat to one of the High Life Ski Club members.